



SOCIAL STORIES

- Originally developed by Carol Gray in the early 90s
- Social stories describe a skill, explain a situation, and teach individuals how others might be feeling
- Often told from the child's perspective
- The story explains the who, what, where, when, and why of a situation and guides the student how to respond
- Can include text, visuals, photos or a mix, depending on child's skill level

EXAMPLE



When I feel Angry



Sometimes I feel angry.



All people feel angry
at one time or another.



When I get angry I will find my
teacher, Mom, Dad or another adult.



When I find them I will try to use
words to tell them that I am angry.



I can say "I'm angry!"
or "That makes me mad!"



It is O.K. to use words
when I feel angry.



They will talk to me about what
happened and about how I feel.
This might help me to feel better.



Wherever I am I can try to find
someone to talk to about how I feel.